



Leon

Leon moved into an independent flat in the community managed by the Jigsaw Team on discharge from a medium secure unit after a 2 year admission following a serious assault on a member of the public.

The Jigsaw Team are now working with Leon on a programme of community reintegration and the further development of self-management skills. With the support of his keyworker, Leon is working on increasing his insight into his mental health difficulties and reducing risk factors which could lead to further offending or relapse.

Leon was encouraged to participate in the refurbishment and fitting of his flat while awaiting discharge and he is continuing to show a commitment to sustaining his tenancy and improving the quality of his life. Leon is currently planning a pathway back to employment in the future.

Paula

Paula has been living in the core supported flats at Jigsaw for over a year following her discharge from a medium secure unit. She has a long history of severe and enduring mental health difficulties and substance misuse. Her last admission followed a serious assault on a family member.

The higher level of support available at the core flats is helping Paula to slowly regain her confidence to cope with the move back into the community and the responsibilities of managing a tenancy and her life. She has secured part-time work and is taking slow steps to an eventual reconciliation with her family.

The team is working towards the possibility of a move to a more independent flat in the future for Paula if progress continues to be steady.

Please note that names have been changed to protect identities.